



Informed Consent for Newborn Procedures

There are several newborn procedures which are required or recommended by state law. Please initial your choice regarding each of these procedures and sign at the bottom.

VITAMIN K

Vitamin K is a critical vitamin involved in blood clotting. In rare circumstances, a newborn does not have enough vitamin K and can develop a life-threatening brain or abdominal bleed, called Vitamin K Deficiency Bleeding (VKDB). This happens in 4-10 out of 100,000 babies. VKDB can happen in the first few days of life, as well as up to several months of age, and the symptoms may be subtle. To prevent this, all states have laws requiring that newborns receive an injection of Vitamin K soon after birth. Breast Milk contains very little Vitamin K. Giving one injection soon after birth has been shown to decrease the risk of both early and late VKDB to nearly zero, as the Vitamin K is released gradually into the baby's blood. For more details on this topic, see

<http://evidencebasedbirth.com/evidence-for-the-vitamin-k-shot-in-newborns/>

Please initial one:

I would like you to give my baby an injection of Vitamin K (1 mg) soon after birth.

I DECLINE the injection of Vitamin K for my baby.

*If you choose to get botanical vitamin K and administer it to your baby you will need to choose that you are declining to have us give your baby vitamin K.

ERYTHROMYCIN EYE OINTMENT

All states require newborns to receive erythromycin eye ointment, an antibiotic eye ointment, to prevent blindness if their mothers had gonorrhea or chlamydia. It may also prevent other more mild eye infections; these may be otherwise treated with breast milk. Erythromycin eye ointment is not painful to the baby but may cause their vision to be blurry for a short time. We give it at the time of the baby exam, 2-3 hrs after birth.

I would like you to give my baby erythromycin eye ointment soon after birth.

I DECLINE erythromycin eye ointment for my baby

I would like to be screened for chlamydia and gonorrhea before making this decision

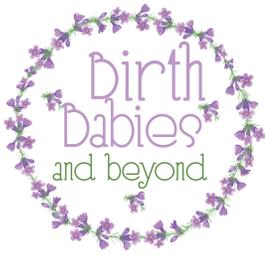
NEWBORN SCREENING (see also the state brochure)

Each state law requires Newborn Screening, which is testing for multiple rare disorders which can cause brain damage or death if they are not treated early. The state lab does this from drops of blood from the baby's heel, collected by me in the first 1-3 days of life and again at 1-2 wks. The current cost in Oregon is \$32 each/\$64 for both; in Washington the cost is the same \$77.40 for one or both tests. We will bill your baby's insurance or you can self-pay.

I would like you to collect both samples from my baby's heel, as the state recommends.

I would like you to collect just one sample at 3 days (some disorders may be missed and not allowed in WA)

I DECLINE all newborn screening (Must sign religious exemption form)



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PULSE OXIMETER SCREENING FOR CONGENITAL HEART DEFECTS

Between 24-48 hrs of age, it is recommended to perform a simple screening for congenital heart defects (CHD) by comparing the readings from a noninvasive pulse oximeter placed on a newborns' right wrist and then right foot. This takes just a few minutes and does not cause any harm nor discomfort to the baby. If the numbers are not reassuring, we will consult with a pediatric cardiologist, and they may recommend an ultrasound of the baby's heart (fetal echocardiogram).

Please initial one:

I would like you to perform the CHD screening on my baby.

I DECLINE the CHD screening on my baby.

NEWBORN HEARING SCREENING

Hearing defects can be subtle and still greatly impact a child's language development. Early detection and treatment can make a huge difference in their development. State law requires that all newborns born in hospitals be screened before discharge. Our clinic now offers newborn hearing screening once a month, on the second Wednesday of every month. The screening takes just minutes; a small probe is placed in each ear, and it does not cause discomfort (they may sleep through it).

Please schedule a newborn hearing screening at your office for my baby.

I will have my baby's hearing screened elsewhere (hospitals, birth centers).

I DECLINE newborn hearing screening.

I have discussed all of the above newborn procedures with the BBB midwives and I have made the choices which I have initialed above.

Print name

Client Signature

Date